

Memory Matrix

How to memorize better

Types of memory

Forced short term memory

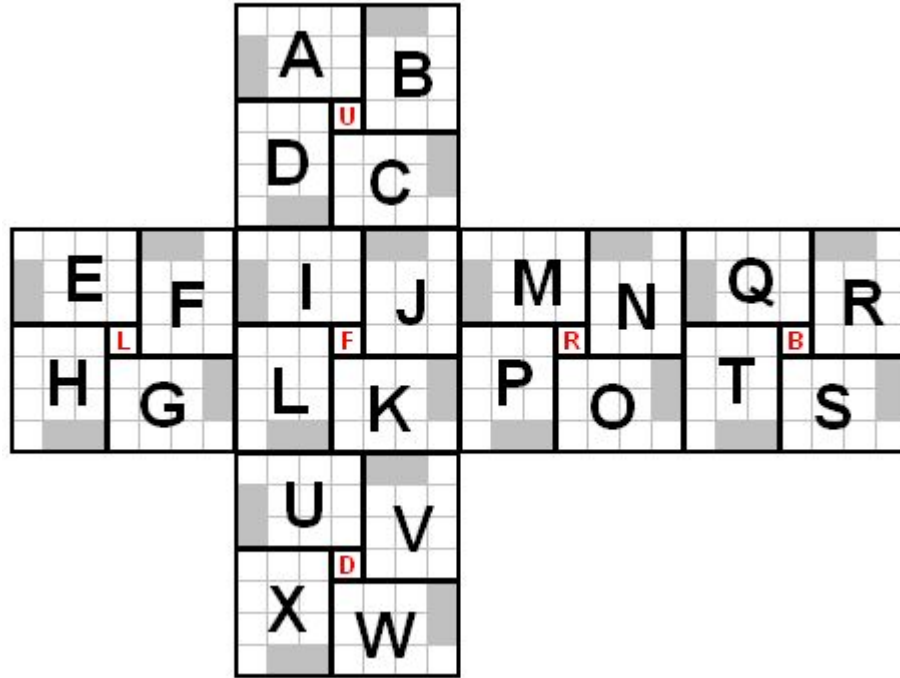
Forced long term memory

Muscle memory

Brute force memory



Memory Matrix for a Rubik's cube



What a memory for a rubik's cube could look like

NO JE CR SI AG LM A

LI BC HP O

Storing the information

Journey Method-storing the information in a specific area that is close to you

Floating room method- storing in a place of no real value to you

Phonetics- creating sounds from the codes

Number Memory Matrix

1- T

2- N

3-M

4-R

5-L

6-J

7-K

8-F

9-P

0-S

Building a memory matrix for the Sudokube

1-7-5 2-8-6 7-5-4 9-6-4 6-3-9 4-3-1 9-1-7 8-2-5

AER BNQ IFD MJC SHU TOV PKW GLY

Memorizing playing cards System 1

Hearts loving

Spades funny

Clubs sports

Diamonds royal

Memorizing playing cards system 2

Assign a number to each suit

Then use the number memo system with this extension